

Are You “Comfortable in Your Own Skin”?



Attend the Class: Embrace Your Unique Giftedness

*Learn how your personality affects:
Personal, Education, Work, and Spirituality, etc.*

Come to understand and appreciate how you are uniquely gifted as a result of your in-born personality. Take the Myers Briggs Type Indicator (MBTI), the most popular and widely-used personality inventory in the world, from an experienced and certified administrator. This new understanding of yourself and others relates to so many important areas of your life, including personal growth, spirituality, education, career, communication, relationships, teams, and living in today’s changing world. The more you know about yourself, the better equipped you are to enjoy life, make informed decisions, explore opportunities and maximize your potential in all areas of your life. When possible, couples and families (16+) are encouraged to attend together.

Learning Outcomes:

Participants will:

- Recognize the four temperaments as described in David Keirsey’s book, “Please Understand Me I & II”
- Receive their personalized MBTI report
- Relate to the four psychological preferences identified in the MBTI
- Confirm their best-fit personality type
- Connect personality to education, learning career, personal growth, spirituality, communication, relationships, teams, and living in today’s changing world
- Discover resources to learn more about this fascinating topic

Open to the public

When: **Tuesdays, August 2-16, 2022 6:30pm—8:30pm**

Where: **City of Chino Hills—Community Services:**

Chino Hills Community Center

14250 Peyton Drive

Chino Hills, CA 91709

(909) 364-2826

www.chinohills.org/reconline — *Please register in advance (Use Class Code #145104-01)*



Class Fee (Standard Fee): \$70.00

Materials Fee (\$50.00)

Non-Resident Fee (Chino Hills) - (Standard Fee): \$5.00

Registration opens 5/10/2022



Class Instructor:

Kathleen E. High

Independent Education and Career Consultant

Your Dreams & Goals

M.Ed., CCSP, FCD-I, MBTI & Strong Certified Administrator

Your Dreams & Goals

<http://www.dreams-goals.com>

